



City Lights Volunteers

San Ramon Parks & Community Services Volunteer Newsletter

SPRING 2009

10 reasons why we appreciate you! Because you're...

- Dedicated
- Hardworking
- Generous
- Enthusiastic
- Efficient
- Patient
- Committed
- Caring
- Helpful
- Terrific!

For more information about the City Lights Volunteer Program or to sign up for a volunteer activity, please contact Bonnie Mertz at bmertz@sanramon.ca.gov or call (925)973-3222. Visit the City website at www.sanramon.ca.gov to register as a volunteer and view other event information. Anyone interested in volunteering must have a City Lights Volunteer Application form on file. Applications can be picked up at either the San Ramon or Dougherty Station Community Centers, or the Senior Center.

Forest Home Farms Spring Spruce Up!

Saturday, March 28, 9:00am-12:00 noon
Forest Home Farms

Join in this community-wide effort to spruce up San Ramon's Historic Park. Clean-up, enhancement projects, tours of the farm and free refreshments. Minimum age is 12 unless accompanied by an adult. Perfect for a group! Wear work clothes, gloves, closed toe shoes and bring garden tools.

Run Like The Wind Half Marathon & 5K

Sunday, March 29

Volunteers receive a FREE commemorative t-shirt! Help at the annual half marathon to benefit youth sports programs. The course will wind its way from and back to the Dougherty Station Community Center. We need 15 volunteers to assist with registration and the finish line from 5:30-11am, then lots of course monitors and water station volunteers from 6:30-11am. Perfect for a group! Minimum age is 13.

Eggciting Eggstravaganza

Saturday, April 11

San Ramon Sports Park

Hop over to help with this fun family event. We need 20 volunteers, age 11+ to help with set-up, check-in, refreshments, crafts, face painting, monitoring egg hunt areas and wearing the Easter bunny costume! Volunteers are needed from 8:30am-1:00pm. Bring a bag lunch or snack. The event is rain or shine! The Sports Park is located at 5261 Sherwood Way, off east Branch Pkwy. in the Dougherty Valley.

Middle School Dance

Friday, April 17, 5:00-10:30pm

San Ramon Community Center

Six volunteers needed, age 16+, to assist with event set-up, clean-up and supervision.

Therapeutic Spring Fling Dance

Friday, April 17, 7:00-9:30pm

Senior Center

Assist with set-up, decorations, refreshments and chaperoning. Six volunteers, age 14 and up.

Seussical Backstage Assistants

Friday, Saturday, Sunday

April 17, 6:00-8:45pm

April 18, 10am-12:45pm, 2-4:45pm & 6-7:45pm

April 19, 12:00 noon-2:45pm & 4:00-5:45pm

We need 4 backstage assistants to help out during the performances of *Seussical the Musical* at the Dougherty Valley Performing Arts Center. Volunteers will assist performers, age 7-12, in and out of costumes, help keep them entertained while they are waiting to go on, and supervise the backstage area during the show. We need at least one male and one female for each show to work in the dressing rooms. Ages 14 and up please!

Civil War Day

Saturday, April 18, 9:00am to 12:00 noon

Forest Home Farms

Six volunteers are needed to assist patrons at this Battle of Forest Home Farms Civil War Re-enactment Day. Duties include help with set-up, check-in, parking and other tasks as needed. This will be especially fun for all you history buffs age 15+. Please dress appropriately for the outdoors.

Celebrate National Volunteer Week

April 19 - April 25

"Volunteers are the stars of the community" and we express our gratitude to all of you who volunteer your time making San Ramon such a great place to live, work and play. It's also the theme for this year's annual Volunteer Appreciation Dinner, April 27, 2009 at the Dougherty Valley Performing Arts Center. If you volunteered 25 hours or more during 2008, look for your invitation in the mail in March and join us for an Evening with the Stars event!

APRIL ❁ MAY

Sheep Shearing Day**Saturday, April 25****Forest Home Farms**

Assist with set-up, crafts and help with registration and parking. Volunteers should dress for the outdoors and wear closed toe shoes. Twelve volunteers, age 14+, are needed for each of two shifts. Shift #1 is 9am-12:15pm and shift #2 is 12-3pm.

Jr. Olympic Skills Competition**Saturday, April 25, 9:30am to 12:30pm****Iron Horse Middle School**

Get in the Olympic spirit! We are looking for 12 volunteers, age 14+, who will be assigned to help in one of the four sport areas. They include basketball, soccer, track and field and tennis. No sports experience required—just enthusiasm!

Dodge Ball Tournament**Friday, May 1, 6:00 - 11:00pm****Iron Horse Gym**

Six volunteers are needed, age 15+, to assist with event set-up, clean-up, and with various tasks throughout the evening.

Senior Center Resource Fair**Saturday, May 30, 8:00am - 12 noon**

Volunteers age 14 and up, will be helping with set-up, refreshments, directing guests, acting as room hosts, helping with games/activities and assisting participants along a neighborhood walking course.

Youth Flag Football Coaches

Help a child reach their full potential by becoming a flag football coach for children ages 6 to 14 years old. Two training camp days (April 3 & 17) and 6 games held on Fridays beginning April 24. Estimated time per week is 2 hours on Friday between 4-8pm. All games and practices are held on the fields behind the Iron Horse Community Gym. For more information call 973-3261. Minimum age is 17.

Youth Flag Football Officials

We need outgoing and motivated individuals 16 and older to help officiate youth flag football. All games are on Friday evenings on the fields behind the Iron Horse Community Gym beginning April 24. Estimated time per week is 2-4 hours depending on the amount desired by the volunteer. No experience required—Official's training will be provided. Want to coach and officiate? No problem, this combination can be arranged. For more information call 973-3261.

**Van Driver**

Drive the Senior Center van to pick up participants for activities at the Senior Center and other events. Flexible schedule—as little as one day per week! Class B license required. Training and cost of license provided. For more information please call 973-3250.

Therapeutic Recreation Program

Volunteers, age 14+, are needed at each of the following events to assist City Staff and patrons with disabilities.



Recreation Partner: Be a partner to children or young adults who need assistance while participating in our programs. Schedules and activities vary.

After School Bowling:

Two volunteers needed each Monday from March 31 through June 2, 3:00-5:00pm, at the Danville Bowl.

Special Olympics Bocce Ball: Six volunteers needed to help participants with bocce ball—no experience required! Tuesdays, from March 31–June 2 from 3:30-5:00pm at the Senior Center Park.

Special Olympics Swimming: Six to ten volunteers needed to help with the swimming program. Volunteers should be capable swimmers and comfortable working with participants in the water. Practices will be at the San Ramon Olympic Pool from 11:00am–12 noon, starting Sunday, March 15 to May 3. For more information on volunteering in the Therapeutic Recreation Program call 973-3253.

Forest Home Farms Education Docents

Docents for Forest Home Farms are needed to work with third graders who come to the farm for school field trips. Adult Volunteers should have an interest in local history, enjoy working with children and be available weekdays. All training and materials are provided. Volunteer as little as twice per month! For more information please call 973-3282.



ART & WIND FESTIVAL MAY 24 & 25**Festival Set-Up & Take Down**

Looking for volunteers, age 13+ to help set up and take down the festival. This job requires walking, standing and lifting.

Saturday, May 23

Shift #1 10:00am-2:00pm (4 people)

Sunday, May 24

Shift #2 7:00-10:00am (6 people)

Monday, May 25

Shift #3 8:00-10:00am (2 people)

Shift #4 4:30-7:30pm (6 people)

City Information Booth

For each shift we need 4 adult volunteers to man the two booths. Duties include giving out information, directing people to different festival areas and selling event merchandise.

Sunday, May 24

Shift #1 9:30am-12:15pm

Shift #2 12:00-2:45pm

Shift #3 2:30-5:30pm

Monday, May 25

Shift #4 9:30am-12:15pm

Shift #5 12:00-2:45pm

Shift #6 2:30-5:30pm

Parking Lot

For each shift we need 4 volunteers, age 15+ to man the entrances to the parking lots. This job is perfect if you like to sit in the sun and relax while you volunteer.

Sunday, May 24

Shift #1 6:00-9:00am

Shift #2 8:45-11:45am

Shift #3 11:30am-2:30pm

Shift #4 2:15-5:15pm

Monday, May 25

Shift #5 8:45-11:45am

Shift #6 11:30am-2:30pm

Shift #7 2:15-5:15pm

Volunteer Check-In Table

For each shift we need 1 volunteer, age 16+ who can think on their feet! You will be checking in the other volunteers and making sure all jobs are filled.

Sunday, May 24

Shift #1 9:00am-12noon

Shift #2 11:45-2:45pm

Shift #3 2:30-5:30pm

Monday, May 25

Shift #4 9:00am-12noon

Shift #5 11:45-2:45pm

Shift #6 2:30-5:30pm

Kid Zone

For each shift we need 12 volunteers, age 11+, to run the Kid Zone arts and crafts area.

**Sunday, May 24**

Shift #1 9:30am-12:15pm

Shift #2 12:00-2:45pm

Shift #3 2:30-5:15pm

Monday, May 25

Shift #4 9:30am-12:15pm

Shift #5 12:00-2:45pm

Shift #6 2:30-5:15pm

Kite Making Workshop

For each shift we need 10 volunteers, age 11+, to assist with the kite making workshop. Our Kite Maker, will teach you and the participants how to make a kite that really flies.

Sunday, May 24

Shift #1 9:30am-12:30pm

Shift #2 1:00-4:00pm

Monday, May 25

Shift #3 9:30am-12:30pm

Shift #4 1:00-4:00pm

**Face Painting**

For each shift we need 4 volunteers, age 11+, to paint participants faces. Experience is helpful, but not necessary!

Sunday, May 24

Shift #1 9:30am-12:15pm

Shift #2 12:00-2:45pm

Shift #3 2:30-5:15pm

Monday, May 25

Shift #4 9:30am-12:15pm

Shift #5 12:00-2:45pm

Shift #6 2:30-5:15pm

Sam The Crow & Escort

We need two volunteers, age 12+ to dress in our mascot costume (must be at least 5' tall) and escort Sam around the festival.

Sunday, May 24

Shift #1 11:00am-2:00pm

Shift #2 2:00-5:00pm

Monday, May 25

Shift #3 11:00am-2:00pm

Shift #4 2:00-5:00pm

